SCHA
SC HOSPITAL ASSOCIATION

GUIDELINES FOR SELF-ISOLATION & QUARANTINE

WHAT SHOULD PATIENTS BEING TESTED FOR COVID-19 DO?

Isolate at home until results are obtained. Avoid contact with anyone outside the home and those inside the home to the extent that is possible.

WHAT SHOULD PATIENTS WHO ARE CONFIRMED POSITIVE FOR COVID-19 DO?

Isolate at home until *all three criteria* are met:
- Overall improvement in symptoms,
- It's been three days since last fever, and
- It's been seven days since last symptoms started.

If a patient tests positive for COVID-19 with no symptoms, they should still isolate at home for seven days since the date of the first positive test. DHEC does not routinely recommend testing asymptomatic patients at this time.

WHAT IS CONSIDERED CLOSE CONTACT WITH COVID-19 CONFIRMED PERSON?

Close contact is considered within six feet for a prolonged period of time, up to 48 hours before symptoms appeared.

WHAT SHOULD YOU DO IF YOU HAVE MET THE CONDITIONS OF CLOSE CONTACT?

- Self-quarantine at home for 14 days after last contact.
- Avoid anyone outside the home and anyone inside the home as much as possible.
- If your close contact is with someone in the household, continue self-quarantine for seven days after the infected person's isolation period is complete.
- Contact a healthcare provider if you develop symptoms.

Guidance provided by CDC and SC DHEC as of April 23, 2020. For more information visit the SC DHEC website here.