

SC Chaplains Virtual Spring Conference • Friday, April 26th, 2024

TARGET AUDIENCE

The SC Society of Chaplains meetings are open to Society members, professional staff chaplains, and directors of pastoral care programs, CPE faculty, CPE students and others interested in healthcare in South Carolina. You will receive 2.0 hours of continuing education credit if you attend this seminar.

AGENDA

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| 9:00 – 10:00 | SCSC Business Meeting
All SCSC participants welcome to attend the business meeting. We need your input. |
| 10:00 – 10:10 | Introduction of the Program & the speakers
Adrienne Fink, MDiv, BCC, Chaplain, Prisma Health SeniorCare PACE& President of SCSC |
| 10:15 – 11:15 | Getting to 'None': Care for Non-Theists & Those Who Make Meaning Beyond Tradition
Ameila Catone, ACPE Certified Educator, Brigham & Women's Hospital |
| 11:20 – 12:20 | Embodied Compassion: A Practical Course in Compassion Practice that Connects, Restores & Renews
Ameila Catone, ACPE Certified Educator, Brigham & Women's Hospital |
| 12:20 – 12:30 | Closing Comments and Adjournment
Adrienne Fink, MDiv, BCC, Chaplain, Prisma Health SeniorCare PACE& President of SCSC |

BIO & Summaries:

Amelia Catone

Amelia Catone is an interfaith chaplain and ACPE Certified Educator at Brigham and Women's Hospital in Boston, Massachusetts. She has been a student of Vajrayana Buddhism in the Longchen Nyingtik lineage under Dzigar Kōngtrul Rinpoche since 2012. She is Board Certified with the Board of Chaplaincy Certification, Inc. and earned a Master of Divinity degree from St. Thomas University. Her foundational training was with the New York Zen Center for Contemplative Care. With experience in many different urban health care settings, including hospice, oncology, trauma and burns, pediatrics, transplant, and mental health, Amelia is grateful to be able to educate and serve alongside spiritual caregivers-in-training. Her guiding caregiving philosophy is based in the theme of liberation. In the absolute, Buddhism defines liberation as freedom from suffering, which is the birthright and inherent nature of all beings. Rooted in an embodied, liberatory approach that centers self-compassion, Amelia connects with the tenets of the Zen Peacemakers: not-knowing, bearing witness, and loving action. She believes in the possibility that the intentional, day-to-day interactions that happen within the context of CPE and the clinical setting have the potential to create a large-scale shift in relationality and care. She loves to dance, practice yoga, cook healthful food, read inspiring and fantastical books, and jog in the woods. Amelia is partnered and the mother of two children.

Session Title Descriptions:

“Getting to ‘None’: Care for Non-Theists and Those Who Make Meaning Beyond Tradition”

What are the obstacles within ourselves that keep us from meaningful caregiving relationship with those who claim to be Spiritual But Not Religious, atheist, non-theist, or Humanist? Spiritual humility is a facet of our cultural humility, and learning tools to relate across difference from a place of love, care, and common humanity will enhance our capacity for caregiving. This workshop is designed to expand our circle of care to everyone whom we encounter, regardless of belief system. Participants will engage in self-reflection and practice compassionate ways to connect across difference with those in their care.

“Embodied Compassion: A Practical Course in Compassion Practice That Connects, Restores, and Renews”

While many traditions incorporate the concept of compassion, the active practice of compassion is a necessary resource for those involved in caregiving roles. Using evidence-based practices drawn from research with Buddhist monk Matthieu Ricard and neuroscientist Tania Singer, this workshop moves participants from emotional empathy to holistic compassion. The practice has been shown to prevent and reconcile symptoms of burnout, improve satisfaction on the part of caregivers, and even provide protective health benefits to those who practice regularly. Participants will learn some of the neuroscience behind why it works, and develop tools to connect with their innate compassion in any context.

GENERAL INFORMATION:

Register Online

To register for this or other meetings, visit the [SCHA web calendar of events](#). Select this event, view the agenda, and register online. A registration and payment confirmation will be emailed directly to you once you complete the registration process. **You will receive an email from Kim Wooten, kwooten@scha.org with the webinar login information a couple of days before the event, please do not share the link, as it is for you only.****Registration & Fees**

No registration fee for current paid members of the SC Society of Chaplains
\$45 Non- members of the SC Society of Chaplains
\$20 for students