

# 2021 Resources & Metrics Guide





The Drive to Zero Suicide Award, part of SCHA's Zero Harm Awards, is given in partnership with the South Carolina Department of Mental Health and recognizes facilities who are embracing Zero Harm through the adoption of specific Zero Suicide strategies. To qualify for the award, a facility must complete the metrics in three of the categories below.

Learn more at <a href="scha.org/initiatives/zero-harm/the-drive-to-zero-suicide-award/">scha.org/initiatives/zero-harm/the-drive-to-zero-suicide-award/</a>

# **TRAINING**

Twenty or more staff complete suicide prevention trainings, to include, but not limited to <u>Talk Saves Lives</u>, <u>SafeSide Prevention</u>, <u>Zero Suicide Academy</u> or <u>CALM Training</u>.

Or evidenced based safety planning training, i.e. the Stanley Brown Safety Plan.

# **POLICY**

Formal policies that address how to screen patients, training expectations, frequency, care delivery expectations, incorporation of <u>Caring Contacts</u>, <u>Postvention</u>, or <u>Healing Conversations</u>.

# **SAFETY PLANNING**

Incorporate the <u>Stanley Brown Safety Plan Template</u>, a fill-in-the-blank template for developing a safety plan with a patient at increased risk for a suicide attempt.

## **SCREENING**

Adopt the <u>Columbia-Suicide Severity Rating Scale</u>, <u>Patient Health Questionnaire 9 (PHQ-9) Depression Scale</u> or <u>ICARE</u>, a tool for managing suicidal patients in the emergency department.

## **FOLLOW UP**

Establish a referral process with local community mental health center or their local provider (warm hand-off process), Use of the <u>Best Practices in Care Transitions Infographic</u>