

# 2024 Resources & Metrics Guide

The Drive to Zero Suicide Award, part of SCHA's Zero Harm priority awards, is given in partnership with the South Carolina Department of Mental Health (SCDMH) and recognizes facilities who are embracing Zero Harm through the adoption of specific Zero Suicide strategies. To qualify for the award this year, a facility must attest to completion of the metrics in all 5 categories below during 2023. Previous winners should attest to improved or enhanced progression of each metric. New award winners (those who have not won a Drive to Zero Suicide award in the past), will be required to provide documentation for each metric. Learn more at zeroharmsc.org.

## **TRAINING**

Twenty or more staff complete suicide prevention trainings, to include, but not limited to <u>Talk Saves Lives</u>, <u>SafeSide Prevention</u>, <u>Zero Suicide Academy</u> or <u>CALM Training</u>.

Or evidenced based <u>safety planning training</u>, i.e. the Stanley Brown Safety Plan.

#### **POLICY**

Formal policies regarding suicide prevention/intervention/treatment that address how to screen patients, training expectations, frequency, care delivery expectations, incorporation of <u>Caring Contacts</u>, <u>Postvention</u>, <u>Healing Conversations</u>, or <u>Ask the Question</u>.

### **SAFETY PLANNING**

Incorporate the <u>Stanley Brown Safety Plan Template</u>, a fill-in-the-blank template for developing a safety plan with a patient at increased risk for a suicide attempt.

## **SCREENING**

Adopt the <u>Columbia-Suicide Severity Rating Scale</u>, <u>Patient Health Questionnaire 9 (PHQ-9) Depression Scale</u> or <u>ICARE</u>, a tool for managing suicidal patients in the emergency department, or another evidence based practice screening tool.

#### **FOLLOW UP**

Establish a referral process with a local community mental health center or a local provider (warm hand-off process), Use of the <u>Best Practices in Care Transitions report</u>, and/ or use of the <u>Best Practices in Care Transitions Infographic</u>



